

Introducing fruits to your baby



4-6
month

6-8
month



8-10
month



10-12
month



12-18
month



As always, we recommend that you thoroughly discuss any feeding issues with your pediatrician as generalities may not apply to your child.

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Introducing meat, dairy and grain to your baby



As always, we recommend that you thoroughly discuss any feeding issues with your pediatrician as generalities may not apply to your child.

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Introducing vegetables to your baby



As always, we recommend that you thoroughly discuss any feeding issues with your pediatrician as generalities may not apply to your child.